

100 Body Parts – English and Hindi

Read our Article On [100 Body Parts – English and Hindi](#)

[Read And Download Worksheet Printable On Our Website](#)

🧠 English • हिंदी • Emoji • Short Details

[Also Read Quiz on our website](#) and below for students



A student-friendly reference list of [100 common external body parts](#), internal organs, and related anatomical structures.

#	English	Hindi	Emoji	Short Detail
1	Head	सिर	👤	Upper part of the body containing the brain, eyes,

				ears, nose, and mouth.
2	Hair	बाल		Grows on the scalp; protects and helps regulate temperature.
3	Forehead	माथा / ललाट		Area above the eyes; often shows expressions like worry or surprise.
4	Temple	कनपटी		Side part of the forehead near the eyes.
5	Eyebrow	भौंह		Hair above the eyes; helps keep sweat out and shows emotions.
6	Eyelash	पलक		Small hairs on the edge of eyelids; protect eyes from dust.
7	Eyelid	आँख की पलक		Movable skin fold that covers and protects the eye.
8	Eye	आँख		Organ of sight; detects light and sends images to the brain.
9	Nose	नाक		Organ for smelling and breathing; filters air.

10	Nostril	नासिका		Opening of the nose through which air enters.
11	Cheek	गाल		Fleshy side of the face below the eyes.
12	Ear	कान		Organ of hearing and balance.
13	Earlobe	कान की लौ		Soft lower part of the ear; often used for earrings.
14	Mouth	मुँह		Opening for eating, speaking, and breathing.
15	Lip	होंठ		Soft, movable folds around the mouth.
16	Tooth	दाँत		Hard structure in the mouth used for chewing.
17	Tongue	जीभ		Muscular organ for tasting, swallowing, and speaking.
18	Chin	ठुड्डी		Lower part of the face below the mouth.
19	Jaw	जबड़ा		Bone structure that holds the teeth and

				helps in chewing.
20	Neck	गर्दन		Connects the head to the body; contains the windpipe and food pipe.
21	Throat	गला		Passage for food and air; includes the pharynx and larynx.
22	Shoulder	कंधा		Joint connecting the arm to the body.
23	Collarbone	हंसली / अंसफलक		Bone connecting the arm to the chest.
24	Chest	छाती		Front part of the upper body; contains the heart and lungs.
25	Breast	स्तन		Glandular area on the chest; produces milk in females.
26	Nipple	निप्पल		Small raised part on the breast.
27	Armpit	बगल / काँख		Area under the shoulder joint.
28	Arm	बाँह		Upper limb from shoulder to hand.

29	Elbow	कोहनी		Joint in the middle of the arm.
30	Forearm	अग्रबाह्		Part of the arm between elbow and wrist.
31	Wrist	कलाई		Joint connecting the hand to the forearm.
32	Hand	हाथ		Used for holding, touching, and writing.
33	Palm	हथेली		Inner surface of the hand.
34	Finger	उँगली		One of five digits on the hand.
35	Thumb	अँगूठा		Short, thick digit used for gripping.
36	Knuckle	उँगली का जोड़		Joint where the fingers meet the hand.
37	Nail	नाखून		Hard covering on the tips of fingers and toes.
38	Back	पीठ		Rear part of the body from neck to waist.
39	Spine	रीढ़ की हड्डी		Backbone; supports the body and protects the spinal cord.
40	Waist	कमर		Narrow part of the body

				between ribs and hips.
41	Navel	नाभि		Belly button; mark where the umbilical cord was attached.
42	Abdomen / Stomach (external)	पेट		Area containing digestive organs.
43	Hip	कूल्हा		Side part of the body between waist and thigh.
44	Buttock	नितम्ब		Fleshy rear part of the body used for sitting.
45	Groin	जाँघ का जोड़		Area where the thigh meets the lower abdomen.
46	Thigh	जाँघ		Upper part of the leg between hip and knee.
47	Knee	घटना		Joint in the middle of the leg.
48	Shin	पिंडली (आगे)		Front part of the lower leg.
49	Calf	पिंडली (पीछे)		Back part of the lower leg.
50	Leg	टाँग / पैर		Limb used for standing and walking.
51	Ankle	टखना		Joint connecting the foot to the leg.

52	Foot	पैर		Lower part of the leg used for standing and walking.
53	Heel	एड़ी		Back part of the foot below the ankle.
54	Sole (of foot)	तलवा		Bottom surface of the foot.
55	Toe	पैर की उँगली		One of five digits on the foot.
56	Skin	त्वचा		Outer covering of the body; protects internal organs.
57	Muscle	मांसपेशी		Tissue that helps in movement.
58	Bone	हड्डी		Hard part that gives shape and support.
59	Joint	जोड़		Place where two bones meet.
60	Blood vessel	रक्त वाहिका		Tube that carries blood in the body.
61	Vein	शिरा		Carries blood toward the heart.
62	Artery	धमनी		Carries blood away from the heart.
63	Heart	हृदय / दिल		Pumps blood throughout the body.
64	Lung	फेफड़ा		Organ for breathing;

				exchanges oxygen and carbon dioxide.
65	Liver	यकृत		Processes substances in the blood and produces bile.
66	Stomach (organ)	आमाशय		Digests food using acids and enzymes.
67	Small intestine	छोटी आँत		Absorbs nutrients from food.
68	Large intestine	बड़ी आँत		Absorbs water and forms waste.
69	Kidney	गर्दा		Filters blood and produces urine.
70	Bladder	मूत्राशय		Stores urine before it leaves the body.
71	Pancreas	अग्न्याशय		Produces insulin and digestive enzymes.
72	Spleen	प्लीहा		Filters blood and helps fight infection.
73	Gallbladder	पित्ताशय		Stores bile from the liver.
74	Appendix	अपेंडिक्स		Small tube attached to the large intestine.
75	Brain	मस्तिष्क		Controls thoughts, memory, and

				many body functions.
76	Spinal cord	मेरुरज्ज्		Carries messages between the brain and body.
77	Nerve	तंत्रिका / नस		Carries signals in the body.
78	Esophagus	ग्रासनली		Tube that carries food to the stomach.
79	Trachea (windpipe)	श्वासनली		Tube that carries air to the lungs.
80	Larynx (voice box)	स्वरयंत्र		Helps produce sound for speaking.
81	Pharynx	ग्रसनी		Passage for food and air.
82	Diaphragm	मध्यपट		Muscle that helps in breathing.
83	Rib	पसली		Curved bones protecting chest organs.
84	Pelvis	श्रोणि		Bony structure at the base of the spine.
85	Scrotum (male)	वृषण थैली		Sac that holds the testicles.
86	Testis (male)	वृषण / अंडकोष		Produces sperm and male hormones.
87	Penis (male)	शिश्न / लिंग		Male organ for urination

				and reproduction.
88	Urethra	मूत्रमार्ग		Tube that carries urine out of the body.
89	Ovary (female)	अंडाशय		Produces eggs and female hormones.
90	Uterus (female)	गर्भाशय		Organ where a baby develops during pregnancy.
91	Fallopian tube (female)	डिंबवाहिनी नली		Carries an egg from an ovary toward the uterus.
92	Vagina (female)	योनि		Birth canal and passage for menstrual flow.
93	Cervix (female)	गर्भाशय ग्रीवा		Lower part of the uterus opening to the vagina.
94	Breast gland (female)	स्तन ग्रंथि		Gland that produces milk for feeding babies.
95	Prostate (male)	प्रोस्टेट ग्रंथि		Gland that contributes fluid to semen.
96	Eyeball	नेत्रगोलक		Round part of the eye containing the lens and retina.
97	Cornea	कॉर्निया		Clear front part of the eye

				that helps focus light.
98	Retina	रेटिना		Light-sensitive layer at the back of the eye.
99	Optic nerve	दृष्टि तंत्रिका		Carries visual information to the brain.
100	Cochlea (inner ear)	काँकिलिया		Spiral-shaped inner-ear structure involved in hearing.



Quiz: Test Your Knowledge!

A. Match the Body Part – 10 Questions

Match the English name with the correct Hindi translation.

1. 1. Heart — B. हृदय
2. 2. Liver — D. यकृत
3. 3. Kidney — E. गुर्दा
4. 4. Brain — A. मस्तिष्क
5. 5. Stomach — F. आमाशय
6. 6. Lung — C. फेफड़ा
7. 7. Bone — G. हड्डी
8. 8. Muscle — H. मांसपेशी
9. 9. Skin — I. त्वचा
10. 10. Nerve — J. तंत्रिका

Options: A. मस्तिष्क B. हृदय C. फेफड़ा D. यकृत E. गुर्दा F. आमाशय G. हड्डी H. मांसपेशी I. त्वचा J. तंत्रिका

B. Fill in the Blanks – 10 Questions

11. The organ that pumps blood is the _____. (दिल)
12. We think with our _____. (दिमाग)
13. The _____ helps us to breathe. (फेफड़ा)
14. The _____ filters blood and makes urine. (गुर्दा)
15. The _____ is the hard part inside our body. (हड्डी)
16. The _____ helps us to taste food. (जीभ)
17. The _____ connects the hand to the forearm. (कलाई)
18. The _____ is the back part of the foot. (एड़ी)
19. The _____ carries messages between brain and body. (मेरुरज्जु)
20. The _____ is the lower part of the face below the mouth. (ठुड्डी)

C. Multiple Choice Questions – 10 Questions

21. Which part is used for seeing?
a) Ear b) Eye c) Nose d) Tongue
22. Which organ helps in digestion?

a) Heart b) Stomach c) Lung d) Brain

23. What is the Hindi word for “Hand”?

a) पैर b) हाथ c) सिर d) कान

24. Which part protects the brain?

a) Rib b) Skull (Head) c) Knee d) Elbow

25. What is the main function of the lungs?

a) Pump blood b) Digest food c) Help in breathing d) Think

26. Which part is known as “कमर” in Hindi?

a) Chest b) Waist c) Hip d) Shoulder

27. Which organ produces insulin?

a) Liver b) Pancreas c) Kidney d) Spleen

28. What is “रीढ़ की हड्डी” in English?

a) Rib b) Spine c) Pelvis d) Collarbone

29. Which part helps in hearing?

a) Eye b) Ear c) Nose d) Skin

30. What is “आँख की पलक” in English?

a) Eyebrow b) Eyelash c) Eyelid d) Eyeball

D. True / False – 10 Questions

31. The heart pumps blood. (सत्य / असत्य)

32. The liver helps in breathing. (सत्य / असत्य)

33. The skin is the outer covering of the body. (सत्य / असत्य)

34. The knee is a joint in the arm. (सत्य / असत्य)

35. The brain controls our thoughts. (सत्य / असत्य)

36. The stomach digests food. (सत्य / असत्य)

37. The tongue is used for smelling. (सत्य / असत्य)

38. The ribs protect the heart and lungs. (सत्य / असत्य)

39. The urethra carries urine out of the body. (सत्य / असत्य)

40. The cochlea is part of the eye. (सत्य / असत्य)

E. Label the Diagram – Activity

Add a simple outline of a human body and ask students to label at least 15 parts using English and Hindi, such as Head–सिर, Eye–आँख, Hand–हाथ, and Heart–हृदय.

Answer Key

A: 1–B, 2–D, 3–E, 4–A, 5–F, 6–C, 7–G, 8–H, 9–I, 10–J

B: 1. heart/dil, 2. brain/dimaag, 3. lung, 4. kidney, 5. bone, 6. tongue, 7. wrist, 8. heel, 9. spinal cord, 10. chin.

C: 1–b, 2–b, 3–b, 4–b, 5–c, 6–b, 7–b, 8–b, 9–b, 10–c.

D: 1 True, 2 False, 3 True, 4 False, 5 True, 6 True, 7 False, 8 True, 9 True, 10 False.



Body Parts Worksheet

[Read And Download Worksheet Printable On Our Website](#)

Class: _ Name: Date: _

Part 1: Learn the Body Parts

Use the table below to study. Then complete the activities.

#	English	Hindi	Emoji
1	Head	सिर	
2	Hair	बाल	
3	Eye	आँख	

4	Nose	नाक	
5	Ear	कान	
6	Mouth	मुँह	
7	Tooth	दाँत	
8	Tongue	जीभ	
e			
9	Neck	गर्दन	
1	Shoul	कंधा	
0	der		
1	Arm	बाँह	
1			
1	Elbow	कोहनी	
2			
1	Hand	हाथ	
3			
1	Finger	उँगली	
4			
1	Thum	अँगूठा	
5	b		
1	Nail	नाखून	
6			

1 7	Chest	छाती	
1 8	Heart	हृदय	
1 9	Stomach	पेट	
2 0	Back	पीठ	
2 1	Waist	कमर	
2 2	Hip	कूल्हा	
2 3	Leg	टाँग	
2 4	Knee	घुटना	
2 5	Foot	पैर	
2 6	Toe	पैर की उँगली	
2 7	Skin	त्वचा	
2 8	Bone	हड्डी	

2 Muscl मांसपेशी 
9 e

3 Brain मस्तिष्क 
0

(You can add more rows from the 100-part list if needed.)

Part 2: Match the Following

Match the English word with the correct Hindi meaning.

Engli sh	Hindi
-------------	-------

1. Eye	A. कान
--------	--------

2. Nose	B. आँख
---------	--------

3. Ear	C. नाक
--------	--------

4. Hand	D. हाथ
---------	--------

5. Leg	E. टाँग
--------	---------

6. Heart	F. हृदय
----------	---------

7. Brain	G. मस्तिष्क
----------	-------------

8. H. दाँत
Tooth

9. I. पैर
Foot

10. J. बाल
Hair

Write your answers:

1–, 2–, 3–, 4–, 5–, 6–, 7–, 8–, 9–, 10–

Part 3: Fill in the Blanks

Use the words from the box:

Heart | Brain | Stomach | Lung | Kidney | Skin | Bone | Muscle | Eye |
Ear

1. We think with our . (हम से सोचते हैं।)
 2. The pumps blood. (खून पंप करता है।)
 3. We see with our . (हम से देखते हैं।)
 4. The helps us breathe. (हमें सांस लेने में मदद करता है।)
 5. The filters blood. (खून को साफ़ करता है।)
 6. We hear with our . (हम से सुनते हैं।)
 7. The digests food. (भोजन पचाता है।)
 8. The covers our body. (हमारे शरीर को ढकता है।)
 9. The gives shape to our body. (हमारे शरीर को आकार देता है।)
 10. The helps us move. (हमें हिलने में मदद करता है।)
-

Part 4: Label the Diagram

Draw or paste a simple human body outline here.
Then label at least 10 parts in English and Hindi.

Example:

- Head – सिर
- Eye – आँख
- Nose – नाक
- Ear – कान
- Hand – हाथ
- Leg – टाँग
- Foot – पैर
- Heart – हृदय
- Stomach – पेट
- Brain – मस्तिष्क

(Students write directly on the diagram or on lines provided.)

Part 5: Multiple Choice Questions ?

Circle the correct answer.

1. Which part is used for tasting food?
a) Eye 🙄 b) Tongue 🌸 c) Ear 🦻 d) Nose 📢
2. What is “हृदय” in English?
a) Liver b) Heart ❤️ c) Lung d) Brain
3. Which organ helps us think?
a) Stomach b) Brain 🧠 c) Kidney d) Skin
4. What is “कमर” in English?
a) Chest b) Waist 🧍 c) Hip d) Shoulder
5. Which part protects the brain?
a) Rib b) Skull (Head) 🧑 c) Knee d) Elbow
6. What is “आँख” in English?
a) Ear b) Eye 🙄 c) Nose d) Mouth
7. Which part is used for walking?
a) Hand b) Leg 🦵 c) Arm d) Finger
8. What is “दाँत” in English?
a) Nail b) Tooth 🦷 c) Tongue d) Lip
9. Which organ pumps blood?
a) Lung b) Heart ❤️ c) Stomach d) Liver

10. What is “त्वचा” in English?

- a) Bone b) Skin  c) Muscle d) Hair
-

Part 6: True / False

Write T for True and F for False.

1. The heart pumps blood.
 2. The liver helps in breathing.
 3. The skin is the outer covering of the body.
 4. The knee is a joint in the arm.
 5. The brain controls our thoughts.
 6. The stomach digests food.
 7. The tongue is used for smelling.
 8. The ribs protect the heart and lungs.
 9. The urethra carries urine out of the body.
 10. The cochlea is part of the eye.
-

Part 7: Creative Activity

Draw and Color:

Draw your favorite body part (e.g., eye, hand, heart) and write:

- Name in English:
- Name in Hindi:
- One function: _

Example:

- Name in English: Heart
 - Name in Hindi: हृदय
 - One function: Pumps blood to all parts of the body.
 - [Read And Download Worksheet Printable On Our Website](#)
-

Part 8: Word Search Puzzle (Optional)

Create a simple word search using these words:

HEAD, EYE, NOSE, EAR, HAND, LEG, HEART, BRAIN, SKIN, BONE

(You can use an online word search generator and print it.)

Answer Key (For Teacher/Parent)

Part 2: Match the Following

1-B, 2-C, 3-A, 4-D, 5-E, 6-F, 7-G, 8-H, 9-I, 10-J

Part 3: Fill in the Blanks

1. Brain
2. Heart
3. Eye
4. Lung
5. Kidney
6. Ear
7. Stomach
8. Skin
9. Bone
10. Muscle

Part 5: MCQs

1-b, 2-b, 3-b, 4-b, 5-b, 6-b, 7-b, 8-b, 9-b, 10-b

Part 6: True / False

1-T, 2-F, 3-T, 4-F, 5-T, 6-T, 7-F, 8-T, 9-T, 10-F

[Read And Download Worksheet Printable On Our Website](#)

